JOINT SEMINAR ON EQUALITY IN THE NORDIC PARLIAMENTS

Time:Wednesday, 17 September 2025 at 10.00–15.00Venue:Parliament of FinlandLanguage:English

Programme

09.30- Arrival of the delegations Registration / Coffee

10.00 Welcome

Tarja Filatov, Deputy Speaker, Parliament of Finland, Chair of the Equality Council The Deputy Speaker welcomes the participants, after which each participant will have the opportunity to introduce themselves

- 10.30 **Keynote: Impacts of social media on brain health followed by round table discussion** *Keynote speaker Mona Moisala,* Brain health specialist, Ph.D. in Psychology Round table discussion
 - Discussion on keynote speech
 - Views and experiences on online harassment
- 12.00 Guided Tour in the Parliament Building

Lunch

13.30 **Parliament of Finland: Survey on impacts of social media on the wellbeing of MPs** *Eva Biaudet*, Member of Parliament, Vice Chair of the Equality Council

13.45 Country reports

What equality issues are currently in the spotlight in each parliament? Tour de Table. Each country gives a brief overview of the current equality issues in their Parliament.

14.50 Concluding Remarks

Tarja Filatov, Deputy Speaker, Parliament of Finland, Chair of the Equality Council

15.00 Group Photo

End of Programme

15.15 **Coffee**

16.00 - 18.00 Guided Excursion 2 h

Host: The Federation of Mother and Child Homes and Shelters The Federation of Mother and Child Homes and Shelters is a nationwide child welfare organization that helps children and families in difficult and insecure situations and prevents violence against women and domestic violence.