



EDUSKUNTA
RIKSDAGEN

29 April 2025

Invitation to joint seminar on equality in the Nordic parliaments

Nordic cooperation and dialogue are more relevant than ever in today's world. The evolving security situation in Europe has particularly strengthened Nordic collaboration on foreign and security policy. At the same time, there is a risk that equality issues may receive less attention in political discussions.

Personal meetings are essential for fostering an inspiring exchange of ideas on equality in parliaments and political representation. The Parliament of Finland will host a joint seminar on gender equality for Nordic parliaments and autonomous regions on **Wednesday, 17 September 2025**. Similar events were held in the Swedish Parliament in 2017 and 2021 and in the Norwegian Parliament in 2019.

The Parliament of Finland kindly invites a delegation of two to three members from each of the Nordic parliaments to this one-day meeting, with the main theme focusing on the impact of social media on the brain health of Members of Parliament. The program includes a roundtable discussion on contemporary gender equality issues. At the end of the seminar, representatives from each parliament will present brief national reports.

Please confirm the names of participants by 30 June 2025 at the latest. Kindly send your response to Ms. Anne-Helena Ääri-Mikkola, Secretary of the Equality Council, at anne-helena.aari-mikkola@eduskunta.fi.

You are warmly welcome!

Best regards,

Tarja Filatov

Parliament of Finland

Deputy Speaker

Chair of the Gender Equality Council

Attachment: Draft Programme